Adopt a Garden Volunteer Role Description



Summary of the role and the activities involved:

Role

To provide practical gardening assistance and support to an older householder in order to help them maintain their independence and remain safe, secure, comfortable and happy in their garden. Our hope is that the scheme will help build greater links between local residents.

This could include:

- agreeing what gardening tasks need to be carried out
- carrying out the task or referring it staff where appropriate
- improving garden security through trimming and planting
- clearing up following any gardening tasks
- ensuring that green waste collection has been arranged.

Personal qualities most suited to this role

• An interest, experience and confidence in gardening allowing to go out independently.

- A reasonable level of fitness
- An ability to assess the task and to complete it safely
- · An understanding of health and safety issues
- Good communication skills
- Reliability

How many hours you need to give, when and where:

Usually you would need to commit at least 2-3 hours on a regular basis e.g. once a month or so depending on the garden size/plants. You will be matched to one person only and will visit that persons home on a regular basis in order to help maintain their garden.

What training will be necessary and available:

No formal training is required although some basic gardening experience will be necessary. However, volunteers have access to Manual Handling & Lifting online training. We would provide you with all the required information and offer our induction and volunteer guidelines. We will also match you with a person local to you has the required gardening tools.

Who will supervise you:

Your supervisor would normally be the Gardening Project Co-ordinator

References

You will be required to supply two references as part of the application process.

Disclosure & Barring Service

As part of the application process and in line with our commitment to Safeguarding, you will be required to complete a DBS check. This process will be paid for by Fulham Good Neighbours.

What expenses are payable:

We would cover your travel expenses connected to your gardening role and lunch expenses up to £5 if you volunteer with us for 4 hours or longer on any given day.

How to apply

If you have any further questions about this role, or for an application form please contact:

Taura Riley Volunteer Coordinator – Community Projects Tel. 020 7385 8850 Email: <u>taurariley@fulhamgoodneighbours.org</u> Web: <u>www.fulhamgoodneighbours.org</u>

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